

To register, fill out this form and mail it to:

Senior Center Without Walls, 114 Montecito Ave., Oakland, CA 94610
or call us toll-free at 1-877-797-7299

NAME _____ PHONE _____ BIRTHDATE _____

ADDRESS _____

If you are new to SCWW, how did you hear about us? _____

After you register for Senior Center Without Walls, you will be able to call in to ALL of the groups listed here, and we will mail you information on how to do that.

FUN & CONVERSATION

Coffee Break
Distant Friends
Eat, Drink, & Be Merry!
Funny Bones
Reminiscence
Time to Share

BRAIN SPARKS

A to Z Quiz Time
Fun with Trivia
“Use Your Brain to
Change Your Age”
Twenty Questions
Spellbound
What’s the Verdict?
Weekend Wizards

READING & WRITING

Play Reading
Painting Words with Pencil
Book Club
Books We’ve Lived By
ALL Read Aloud Groups

SUPPORTIVE GROUPS

On Death and Dying

REFLECTIONS & MEDITATIONS

Daily Gratitude
Healing Circle
“Happiness is an Inside Job”
Silent Group Meditation
Closing Circle
Opening Up the Bible

MORE GREAT GROUPS

Arizona Wonders
De-Cluttering Challenges
John Muir’s Footsteps
Watch Your Language
Tall Tales
Open Mike
Socrates Cafe
Special Events
Health & Well Being
Presentations

HOBBIES & INTERESTS

Armchair Bird Watching
Current Events
Movie Madness
Musical Shares
Pet Tales

If you plan to call in to the following activities and would like to receive a handout, please check (✓):

SPECIAL EVENTS

___ Life in the Wisconsin Woods
___ Armchair Trip: India
___ Armchair Trip: Route 66
___ Art-Savor the Aesthetics!
___ Desert Gardener
___ Fairyland with Katalina

GROUPS

___ Opening Up the Bible
___ Arizona Wonders & Wanderings
___ Rambling in John Muir’s
Footsteps

Space is limited in the following groups. You may select up to 6 of them.

HOBBIES & INTERESTS

___ Boggle
___ “Coast to Coast AM”
___ Bingo: 9am **-OR-**
___ Bingo: 10am

READING & WRITING

___ Poetry
___ Writing Workshop

FUN & CONVERSATION

___ LGBT Social Club

SUPPORTIVE GROUPS

___ Challenges of Aging
___ Depression Support
___ GLBT-Straight Alliance
___ Living with Chronic Pain
___ Living with Vision Loss
___ Support for the Blind