



SENIOR CENTER

*Without Walls*



**WINTER SPRING 2012 Session**  
**January 30 through April 22**  
**Call 1-877-797-7299 for more information**

SUN	MON	TUES	WED	THURS	FRI	SAT
9-9:30am Gratitude	9-9:30am Gratitude	9-9:30am Gratitude	9-9:30am Gratitude	9-9:30am Gratitude	9-9:30am Gratitude	9-9:30am Gratitude
10-11am Weekend Wizards	10-10:30am Challenges of Aging	10-10:45am Support/ Discussion Group for the Blind	9:30-10:15am Boggle	9:30-10am Armchair Bird Watching	9:30-10am Arizona Wonders and Wanderings (2/3—3/2)	9-9:45am Bingo 1 (2/4—3/10)
10-10:30am Poetry	10:30-11am Musical Shares	11-12noon Health & Well-Being Presentations	10:30-11:00am Coffee Break	10:30-11am Eat, Drink, and Be Merry	10-10:45am Bingo 2 (2/4—3/10)	10-10:45am Bingo 2 (2/4—3/10)
10:45-11:15am Coffee Break	11-12noon Tall Tales	11-11:30am GLBT-Straight Alliance	11-11:30am GLBT-Straight Alliance	12-12:30pm What's the Verdict?	9:30-10am Rambling in John Muir's Footsteps (3/9—3/30)	10-11am Weekend Wizards
3-4pm Writing Workshop	12-12:15pm 20 Questions	12noon-1:00pm Distant Friends (2/14 & 4/10)	1-1:30pm LGBT Social Club	1-1:30pm Opening Up the Bible (2/ 2—3/29; No class 3/8)	9:30-10:15am Painting Words with Pencil (4/6 & 4/13)	11-11:45am Pet Tales
	1-1:45pm Novel Read Aloud	1-1:30pm "Use Your Brain to Change Your Age"	1:30-2pm Reminiscence	2-2:45pm Living with Chronic Pain	10-10:45am Depression Support	2-2:30pm Funny Bones
	2-2:30pm Healing Circle	2-2:30pm Read Aloud: "Up in the Old Hotel"	2-2:45pm Living with Chronic Pain	2-2:45pm Watch Your Language! (2/16, 3/15, 4/19)	10-10:45am Depression Support	3-4pm Book Club (2/4, 3/3, 4/7)
	2-3pm Socrates Café (2/13, 3/12, 4/9)	2-2:30pm Read Aloud: "Up in the Old Hotel"	3-3:45pm Current Events	3-4pm Short Stories Read Aloud	10:30-11am Silent Group Meditation (2/3, 3/2, 4/6)	3-3:45pm Spellbound (2/11, 3/10, 4/14)
	3-3:30pm "Happiness is an Inside Job" (2/20—3/12)	3-3:30pm A to Z Quiz 1	4-4:30pm On Death and Dying (3/14—4/18)	3-4pm Short Stories Read Aloud	11-11:45am Play Reading	3-3:45pm Books We've Lived By (2/ 18 & 25; 3/17, 24, &31; 4/21)
	4-5:00pm Living with Vision Loss	6:30-7pm Open Mike	6:30-7:15pm "Coast to Coast AM" Discussion	6:30-7:15pm "Coast to Coast AM" Discussion	12-12:15pm Fun with Trivia	
				4-4:45pm Time to Share	2-2:30pm A to Z Quiz Time 2	
					3-4pm Special Events	
					4-4:30pm Movie Madness	
					6:30-7:00pm Closing Circle	

Senior Center Without Walls  
 is a non-denominational,  
 non-profit community  
 outreach program of

E P I S C O P A L  
 SENIOR COMMUNITIES